

THE SECTOR

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SAPR Training Focuses on Creating Respectful Climate

We've all attended, or soon will attend, mandatory Sexual Assault and Prevention Response (SAPR) training. Ordered by the Secretary of the Air Force and the Air Force Chief of Staff, the training's goal is to eliminate sexual assaults and harassment by fostering a respectful culture.

The reason for SAPR training is well-known: sexual assault and harassment has become a major problem. Secretary of Defense Chuck Hagel, in a recent letter to the service chiefs, said the problem "may be nearing a stage where the frequency of this crime and the perception that there is a tolerance of it could very well undermine our ability to effectively carry out our mission and to recruit and retain good people."

This cannot be allowed to happen. The Air Force is a great national institution and we are the inheritors of its legacy. We owe it to those who have served before us and those who will come after us to step up, take responsibility, and fix this problem.

SAPR training addresses the problem by re-setting the culture, creating a climate where everyone is respected. This requires a team approach and is why SAPR teams have been formed within units. EADS SAPR team includes myself, Master Sgt. Geoffrey Christian, Master Sgt. Natasha VanDeusen, Tech. Sgt. Kim Dagata, Tech. Sgt. Katie Guillemain and Maj. Kim Dvorak and Master Sgt. Stacia Rountree at Det 1. We went through training at the state level, and

have in turn, gone through rehearsals and trained our facilitators for the mandatory unit sessions.

As those who have attended the sessions have learned, sexual assault and



Col. Dawne Deskins
EADS Commander

harassment is not a gender issue, it is a leadership issue. Inappropriate comments and actions from senior officers, NCOs and civilians have a decidedly negative impact on a unit. Inappropriate comments by senior people to junior members, who are too intimidated to confront them, has been a commonly reported problem throughout the Air Force.

This behavior is made worse by familiarity between superiors and subordinates. As harmless as it may often appear,

overly comfortable situations erode good order and discipline and often erase social boundaries, leading to inappropriate relationships.

So what constitutes inappropriate comments and behavior? If you wouldn't say it in front of me, or you have to check the room to before saying it, then it's not all right. The standard you walk by, or listen to without comment, is the standard you accept.

As I've said before, I believe EADS has a largely respectful culture but this does not mean we are problem-free. I expect everyone to embrace the new climate and want to thank my fellow SAPR team members, who have done a great job getting us started.

The budget, Family Day & Sports Day

At this point, I am uncertain what FY 14 will hold in terms of our budget. As in the past, I promise to pass on information that affects you as soon as I possibly can.

The participation in Family Day and Sports Day was larger than I ever remember. My personal thanks to Master Sgt. John Mills and his Family Day committee for the work they put in. Congratulations also to Team DS for bringing the Commanders Cup back to EADS for another year and to Cmdr. James Sultenfuss, Sr. Master Sgt. Patty Crane, the 5K race winners and the winning DS volleyball, softball and EADS Icarus dodgeball teams.

THE SECTOR

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Viewing Change as an Inspiration Leads to Improvement

By Chief Master Sgt. Maureen Dooley, Operations Superintendent

How quickly time flies! The last time I spoke with you spring was just arriving and now we have fall right around the corner. I must admit I do love the changing of seasons and here in Rome, we get to see the change in seasons every week.

Speaking of change, it is not always comfortable for some folks, but there's no doubt that it serves as an inspiration for others. And inspiration is exactly what we needed over the past several months as we dealt with the fallout from furloughs, curtailment of TDYs, and spending limits. Overwhelming as it all sounded in the beginning, we've created and invented ways of completing our mission in a smarter, more efficient fashion. It was your ideas, hard work and determination to never say "we can't" that did this.

This inspirational spirit carried over into other activities as well. Over the last couple of months, I've seen the inspired help the cautious venture outside of their box with some amazing results.

A year ago, for instance, when we were all getting ready for our annual fitness test, the grumbling started. Jump ahead to this year. The friendly competitions we've held through the year had people motivated! And better yet, they had worked out throughout the year. Proof in the pudding on the changed way of thinking about physical fitness is the 100 participants we had at our Annual Sports Day, more than any year before!

Our Family Day, which put a new twist on an already great idea, was another example. It was moved closer to the unit so more of our airmen and their families could get a chance to come out and participate. Old fashioned games, mixed with new ideas, made the Family Day a large success – we had more than 200 of our people come out for it. Both sides of the house planning together and overcoming the first year obstacles made the day a perfect one!

Each year we seem to become stronger and improve on what we have, whether it involves the mission or our extended programs. And everyone knows that we're doing it with less than we've ever had before. So, although, we all don't look at change the same, those that are inspired help those that are cautious and we continue to grow in the right direction. You all deserve a big thank you for all you do each day at work and away, and you all should be proud.



Chief Master Sgt. Maureen Dooley



On the Cover

Top photo: EADS combined DO/DS team plays AFRL in Icarus dodgeball, bottom left: Sr. Master Sgt. Patty Crane wins the women's 5K, bottom center: DO takes on DS in volleyball; bottom right: Cmdr. James Sultenfuss finishes first in the men's 5K. *Photos by Staff Sgt. Bienvenido Knowles, Security Forces.*

Air Force PT Test Enhancements Start Oct. 1

By Staff Sgt. David Salinitri, Secretary of the Air Force Public Affairs

WASHINGTON (AFNS) -- Air Force senior leadership announced enhancements to the Air Force's Physical Fitness Assessment program, to be implemented Oct. 1.

In a letter to Airmen Aug. 20, Air Force Chief of Staff Gen. Mark A. Welsh III explained the results of the comprehensive review, highlighting the strength of the program and the need for slight improvements.

"We have a tremendous program that has fundamentally changed the Air Force's overall fitness level over the past few years," Welsh said. "The PFT itself is not going to change. But even the best program can be improved upon, so we are making changes in four different areas to enhance the overall program."

Of the changes coming Oct. 1, the most significant is to the abdominal circumference portion of the test. The AC assesses an Airman's body composition.

Since the Air Force implemented the newest fitness program guidelines in October 2010, only .03 percent of Airmen have failed the AC portion of the test and passed the other three components with a composite score of 75 or higher.

"In the future, if an Airman fails the AC portion of the test, and passes each of the other three components, we'll measure that Airman using the Body Mass Index taping guidance in DoD instructions," Welsh said. "If the Airman meets the DoD BMI standard, they pass the PFT."

Because AC measurement is integrated into the testing procedure, the Air Force is currently the only branch of the Department of Defense not required to have a separate weight management program.

The other program modifications include realigning the fitness appeal process back to wing commanders, adjusting passing standards for Airmen who can only test on one component of assessment, and changing and simplifying the walk test.

In addition to these efforts, senior leaders are reviewing how fitness performance is documented on performance reports as part of a larger effort to examine the performance report itself. Those results are expected in the near future.

Though senior leaders are looking to improve the current fitness program, Welsh said he is proud of the Air Force program, and the physically fit culture it has helped to cultivate.

"I believe we have DoD's best designed, best run fitness program, and as a result, we have a force ready for any mission our nation asks us to execute," he said. "I'm extremely proud of how far we've come with our fitness culture."



Newcomer and Coar Win SuperHero Awards For Best 1.5 Mile Times

Congratulations to Master Sgt. Chris Newcomer of Detachment 1 and Staff Sgt. Marie Coar of DOCB for recording the fastest 1.5 mile run times during this year's fitness assessments. Each now has the honor of safekeeping the superheroes award until next year's competition. Master Sgt. Newcomer's 9:06 was the best time for males and Staff Sgt. Coar's 10:12 was the fastest female time. *Information provided by Col. Wendel Smith, Deputy Commander, Operations.*



Master Sgt. Chris Newcomer



Staff Sgt. Marie Coar

JADOC Construction Continues to Progress

Air Combat Command has made \$3.7 million available for transition efforts to bring the new JADOC building into operational capability for the National Capital Region mission. Detachment 1 personnel are working very closely with AFNORTH staff to provide equipment lists and requirements to ensure all funds are executed in time with the FY close outs. Transition efforts are led by Capt Jami Pelphey who has done a great job of “down in the weeds” detail planning for this effort.

Col. Deskins and Chief Master Sgt. Dooley took a tour of the site on Aug 26 with Det 1 CC, Lt. Col. David Ellingson. Col. Deskins and Chief Master Sgt. Dooley held a consolidated Sexual Assault and Prevention Response (SAPR) training for both Dets 1 and 2 at the JADOC.

Information and photo provided by Lt. Col. David Ellingson.



EADS Participates in Flight 93 National Memorial Oral History Project

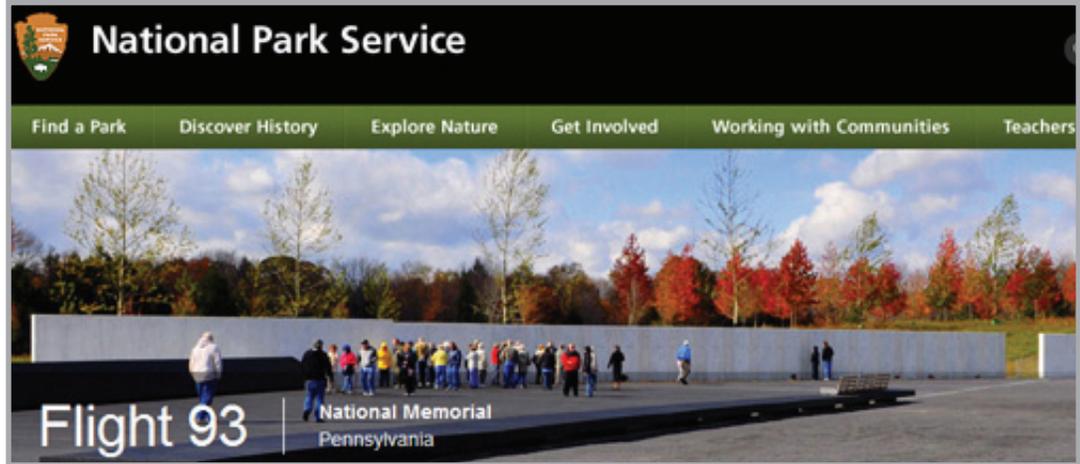
Three National Park Service historians visited EADS recently to tape interviews for the Flight 93 National Memorial’s oral history project.

The Memorial is located in Shanksville, Pa. near the site where Flight 93 crashed after being hijacked by terrorists on Sept. 11, 2001. Its oral history project seeks to preserve the individual and collective story of Flight 93. Started in 2005, the project has conducted 800 audio interviews over the last eight years.

The interviews were conducted on July 23 by Barbara Black, the curator and Chief of Interpretation at the Memorial, and oral history project assistants Kathie Shaffer and Donna Glessner. Col. Dawne Deskins, Chief Master Sgt. Maureen Dooley, Lt. Col. Kevin Nasypany (Ret.) and former NEADS (EADS was the Northeast Air Defense Sector on 9-11) commander, Brig. Gen. Robert Marr (Ret.) were interviewed. The Memorial team also plans to interview Maj. Jeremy Powell and Master Sgt. Stacia Rountree, who were on the ops floor on 9-11 and now work at the NCRCC and JADOC.

“The accounts of the NEADS personnel who were on the ops floor and in the Battle Cab on the morning of Sept. 11, 2001 are crucial to understanding the military response and defense of the nation,” Kathy Shaffer said. “The thoughts and feelings of the men and women of NEADS concerning Flight 93, the only plane that did not hit its intended target, are an invaluable contribution to the Flight 93 Oral History Project.”

The Flight 93 historians have close personal ties to the Shanksville area and have been involved with the Memorial since its beginning. Shaffer’s husband, Terry, was the volunteer fire chief in Shanksville on 9-11 and one of first to respond to the Flight 93 crash. Glessner helped formed a group of local residents in January 2002 to welcome the large numbers of visitors who had started coming to the temporary memorial at the crash site. She also currently serves as Vice Chair of the Flight 93 Advisory Commission. *Story by Tim Jones, EADS Public Affairs*



Back to School: Review Bus and Other School Safety Tips

by Capt. Claude Hibbert, EADS Safety Officer

The first week of September is the beginning of the school year for most of Central New York and everyone should take some time to review the basic back-to-school safety tips.



Screen capture from National Safety Council web site at www.nsc.org

- School buses are back on the road so give yourself a little more time to get to work in the mornings. Remember the most basic traffic rule of them all: when a school bus stops to pick up children, you stop.
- When on the bus, students should find a seat and sit down as loud talking or other noise can distract the bus driver.
- Children walking to school should always cross at corners where there are traffic signals and designated cross walks.
- All children should avoid distracted walking, including no texting while walking.
- Don't overstuff a child's backpack; it should weigh no more than 10 to 20 percent of his or her body weight.
- Keep an eye on kids at play. More children are injured falling off climbing equipment or horizontal ladders than anything else on the playground – children under 4 shouldn't play on this equipment and older kids should be watched.
- If parents suspect their child is being bullied, they should speak out by telling school authorities, a teacher, a bus driver or school counselor.

For more in-depth information on back-to-school safety, go to http://www.nsc.org/Safety_Home/SafetyObservances/Pages/BackToSchoolSafety.aspx, a web site administered by the National Safety Council and First Student, the largest provider of student transportation services in North America. You also can find You Tube public service announcements on the following subjects:

- School bus safety for students <http://www.youtube.com/watch?v=v5dvODzKn_A&feature=youtu.be>
- Back to school: Driving safely with school buses <http://www.youtube.com/watch?v=IOgcm0K8_us&feature=player_embedded>
- Recognizing the signs of bullying and how to respond <<http://www.youtube.com/watch?v=Na2ZZ2OUrbw&feature=youtu.be>>

Sports Day: EADS DS Wins Commander's Cup

by Tech. Sgt. Jason Rutherford, CFP Plans and Scheduling

The 4th Annual EADS/AFRL Sports Day, sponsored by the Top 3 and JEC, was held on August 9. This was the fourth year of the daylong event that places EADS/DS, EADS/DO and Air Force Research Lab Rome Research Site against each other in friendly competition.

This year the events held included a 5K run, strength competition, Icarus dodgeball, racquetball, 3-on-3 basketball, 4-on-4 Beach volleyball and softball. EADS/DS won the Commander's Cup to remain Champions for the second year in a row.

Below is the list of the event winners:

5K Run (Male): Cmdr. James Sultenfuss, EADS/DO

5K Run (Female): Sr. Master Sgt. Patricia Crane, EADS/DS

Strength (Male): Capt Scott Hall, AFRL

Strength (Female): Sr. Master Sgt. Patricia Crane, EADS/DS

Icarus: EADS/DS & DO combined team

Racquetball: Lt. Trevor Vranicar, ARFL

Basketball: Maj Grimm/Capt Keller/Capt Nielson, AFRL

Volleyball: Master Sgt. Rob Zoldi, Master Sgt. Tom Whiteman, Sr. Airman Aaron Plumley, Mr. Sonpith Keovi engsamay, EADS/DS

Softball: EADS/DS

Family Day Fun!

This year's Family Day was held Saturday, Aug. 10. The event featured SOCC tours, a picnic and several games for children, including a sack race and the always popular bounce-house. More than 200 EADS members and their families attended.



Photos by Staff Sgt. Bienvenido Knowles, Security Forces.



EADS Team Completes the Utica Boilermaker

By Sr. Master Sgt. Patricia Crane, Superintendent, Cyber Plans



photo submitted by Sr. Master Sgt. Patty Crane

Sizzling heat and high humidity didn't slow down the 20 EADS Air Defenders who ran this year's 15K Boilermaker Road Race in Utica on July 14. EADS average team time for the 9.3-mile course was 1 hour, 22 minutes, 32 seconds. Fastest EADS runner was Cdr. James Sultenfuss with a time of 1 hour, 12 minutes, 26 seconds. More than 11,300 runners completed this year's race. When you see your comrades, please congratulate them for a fantastic finish and a job well done!!

EADS 15K Corporate Cup runners (in alphabetical order) were: Staff Sgt. Derek Blackburn, Staff Sgt. Jesse Bucenec, Capt. Erica Campbell, Capt. Chris Crumb, Michelle Crumb, Kim Cusano, Lt. Col. Ed Danis, Sr. Master Sgt. Raam David, Lt. Col. Kevin Elbrecht, Master Sgt. Chad Gerrard, Maj. Kendra Hartery, Master Sgt. Jeff Lamarche, Master Sgt. Terry Pentecost, Lt. Col. Paul Quigley, Lt. Col. Paul Rotter, Staff Sgt. Kristen Smith, Col. Wendel Smith, Master Sgt. Chris Spurrier, Cmdr. James Sultenfuss, and Maj. Rex Vemales.

Congratulations Corner

Third Quarter Award Winners

Airman

Noncommissioned Officer

Sr. Noncommissioned Officer

Company Grade Officer

Civilian:

Sr. Airman Thomas Silva

Tech. Sgt. Randall Wehrung

Master Sgt. John Lake

Capt. Erica Campbell

Mr. Joe Pierce

Promotions

Jeremy Powell

Bernard Jowers

Todd Sullivan

Michael Philpott

Katie Gullemin

Rachel Blackburn

Robert Commane

Bobby Holness

Major

Master Sgt.

Master Sgt.

Master Sgt.

Tech. Sgt.

Tech. Sgt.

Staff Sgt.

Staff Sgt.

Hail and Farewell

EADS welcomes **Master Sgt. Matthew VanDeusen, Maj. Joe Potestivo, Sr. Airman Ian Stone, Staff Sgt. Peter Aiffa, Staff Sgt. Tracy Clarke, Ms. Barbara Cole, Sr. Airman Gary Julian, Sr. Airman Asa Peterson, Tech. Sgt. Jullie Patterson** and **Master Sgt. Jeremiah Martinez**.

...and bids a fond farewell to **Lt. Col. Todd Luce, Lt. Cmdr. Gary Naus, Lt. Col. David Clark, Staff Sgt. Kristen Smith** and **Tech. Sgt. Rob Kryczkowski**.

And a special EADS welcome to...

Jaelyn Sarah Dunford, daughter of Capt. Bradley Dunford and wife Rebekah, born June 30.

Daniel Thomas Holliday-Candelaria, son of Tech. Sgt. Stephen Holliday and wife Omayra Candelaria, born July 2.

Chloe Elizabeth DelMedico, daughter of Master Sgt. Russ DelMedico and wife Mary, born July 7.

Joel Francis Bohrer, son of Staff Sgt. Jim Bohrer and wife Kelly, born July 15.

Troy Joseph Stone, son of Tech. Sgt. Eric Stone and wife Christi, born July 22.

Team RWB Bike Ride for Returning Veterans on Sept. 21 in Jamesville

by Master Sgt. Bill Merrick, DO ComSec Responsible Officer

Team Red White & Blue (Team RWB) is a veteran's outreach 501c3 organization with the mission of enriching the lives of America's veterans by connecting them to their community through physical and social activity. Rooted in the belief that the best way to support veterans is by spending time with them, listening to them, and supporting them in personal and meaningful ways, the aim of Team RWB is to bring veterans together with civilian citizens in order to establish authentic friendships.

Team RWB's local chapter is based out of Syracuse and has a growing number of members in the Rome area. The group's Veteran Ambassador Program welcomes new veterans to the team and ensures that they have the information and resources to stay connected with their local chapter as well as the national community. Whether you're an active duty service member or an honorably discharged veteran, Team RWB would like your help to spread the word about our mission. We believe that consistent exercise is the most under-prescribed response to counter the symptoms of Post-Traumatic Stress (PTSD) and Traumatic Brain Injury (TBI).

The first Annual Eagle Ride: Team RWB, Eaton Crouse-Hinds, and C&S Companies holding the 1st Annual Eagle Ride on Saturday, Sept. 21 at Jamesville. The Eagle Ride is a cycling fundraiser to support Team RWB's mission of connecting returning veterans to their communities through physical and social activities. The Eagle Ride is a ride, not a race, starting at Jamesville Beach Onondaga County Park, offering multiple distances (10 miles, 40 miles, 62 miles) for everyone, from recreational to experienced cyclists. Refreshments and entertainment will be provided on site. More Information is available at <http://teamrwbegaleride.eventbrite.com/>

To join a chapter or volunteer your support visit Team RWB's website at www.teamrwb.org.

Communications Tower Taken Down



The AFRL communications tower located near EADS entry control point was taken down on Aug. 21. Erected in 1986, the tower had been condemned, necessitating its removal. *Photos by Greg Hatzinger, SC/CE.*