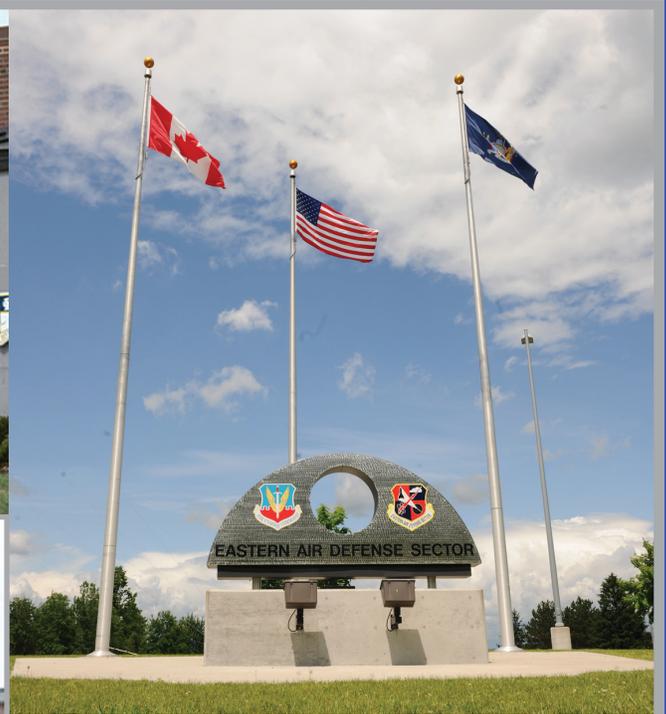


THE SECTOR

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EASTERN AIR DEFENSE SECTOR

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Remember the Past, Prepare for the Future

At a recent Chamber of Commerce breakfast I spoke about some of the unique qualities of our Sector.

I noted that few Air National Guard units have as many AGR personnel as EADS and that units with detachments outside their home state are rare, as are state National Guard units that have a foreign military detachment integrated into their operations.

In many ways, there is no more fitting site than Rome for our unique unit. The obelisk down the road in Oriskany commemorates the bravery of Central New York guardsmen who marched at a minute's notice to defend their homeland and make possible the freedoms we enjoy. That same spirit is alive and well at the Sector today, where New York Guardsmen continue to defend the nation and its liberty, albeit in a much different manner.

It is also a testament to our mutual commitment to peaceful coexistence that we now stand side-by-side with Canadians, who formed a small part of the opposition at Oriskany, and were adversaries for the first 30 years of our nation's existence.

Today Canada and the U.S share an alliance unlike any in world history through the NORAD partnership. We have Canada's back and they have ours, every day of every week.

This story is worth sharing, whether at a Chamber breakfast or in our daily conversations with neighbors. Based on my discussion with community members, many of them don't realize how truly unique and special our unit is.



Col. Michael Norton

EADS became a National Guard unit 20 years ago and this milestone offers the perfect occasion to educate ourselves and the larger community about our heritage. According to the First Air Force's official history, the Sector was officially designated as an Air National Guard unit on Dec. 1, 1994 -- New York state actually activated the Northeast Air Defense Squadron six weeks earlier to support

operations.

An anniversary like this was made to celebrate and we'll include it as a theme in every event we can. Anniversaries also provide a natural reflection point, encouraging us to think about the future as we recall the past.

To help chart our course, a strategic planning committee has been organized. It's made up of leadership, the First Sergeant, and members representing the Top 3, the Junior Enlisted Council, Drill Status Guardsmen, Title V employees, and a few others with specialized functional knowledge and expertise.

The SPC won't concentrate on creating a rigid roadmap. Instead it will focus on developing workable, adaptable procedures. My goal is for the SPC to follow the advice of Gen. Dwight Eisenhower, the Supreme Allied Commander in Europe during World War II, who said that "Plans are nothing. Planning is everything." Expect to hear much more about the SPC in the weeks to come.

Award Winners

Congratulations to our quarterly award winners: Sr. Airman Philip Chan, Tech. Sgt. Tom Caracane, Master Sgt. Brad Ramie, Capt. Bonnie Graziano and Mr. Kris Dorfman. Please take the time to say "well done" when you see them.

THE SECTOR

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EADS Commander Addresses Chamber of Commerce's Fall Breakfast

Sector Commander Col. Michael Norton spoke to a packed house of more than 200 local business and community leaders on Oct. 21 at the Rome Area Chamber of Commerce's annual fall breakfast. Held at The Beeches restaurant, the event was co-sponsored by the Professional Business Women of Rome in honor of National Business Women's Week.

Norton spoke briefly on several subjects. He noted the leadership role women have in Air National Guard and Air Force, the continuing importance of the EADS mission and the unit's upcoming 20th anniversary as a New York Air National Guard unit. Support Superintendent Chief Master Sgt. Maureen Dooley and Maj. Kendra Hartery, Canadian Detachment Deputy Commanding Officer, also attended. *Photo by Tim Jones, EADS Public Affairs*



photo by Chief Master Sgt. Maureen Dooley

EADS Team Raises \$200 for Breast Cancer Research

Five Airmen from EADS participated in the 9th annual Trek Bikes Breast Cancer Awareness Ride on Oct. 11. Hosted locally by Pedals and Petals in Inlet, the ride covered 25 miles from Inlet to Old Forge and back. The EADS team, pictured below, raised \$200 for the Breast Cancer Research Foundation. Pictured from left to right are Sr. Master Sgt. Patricia Crane, Staff Sgt. Richard Burns, Master Sgt. Tammy Weber, Master Sgt. Jeff Lamarche and Chief Master Sgt. Maureen Dooley.

Canadian Combined Mess Hosting Curling Funspiel on Nov. 14



What: A friendly curling competition. Teams consist of four persons and cost is \$30 per person. May pay-ahead or at the site prior to 1000. Entry fee covers light instruction, three hours of "ice-time" (two games), lunch (soup, sandwich and salad) and a great time!

Where: Utica Curling Club, 8300 Clark Mills Road, Whitestown

When: Friday, Nov.14, 1000-14000

To register, contact Capt. Colin Randell colin.randell@forces.gc.ca or colin.randell.ca@ang.af.mil.

photo from worldcurling.org

Congratulations Corner

The Eastern Air Defense Sector congratulates the following personnel on their accomplishments.

Promotions

James Schibly
Bonnie Graziano
Ian Stone
Andrew McNamara
James L. Sigg

Lt. Col.
Capt.
Staff Sgt.
Staff Sgt.
Staff Sgt.

Hail and Farewell

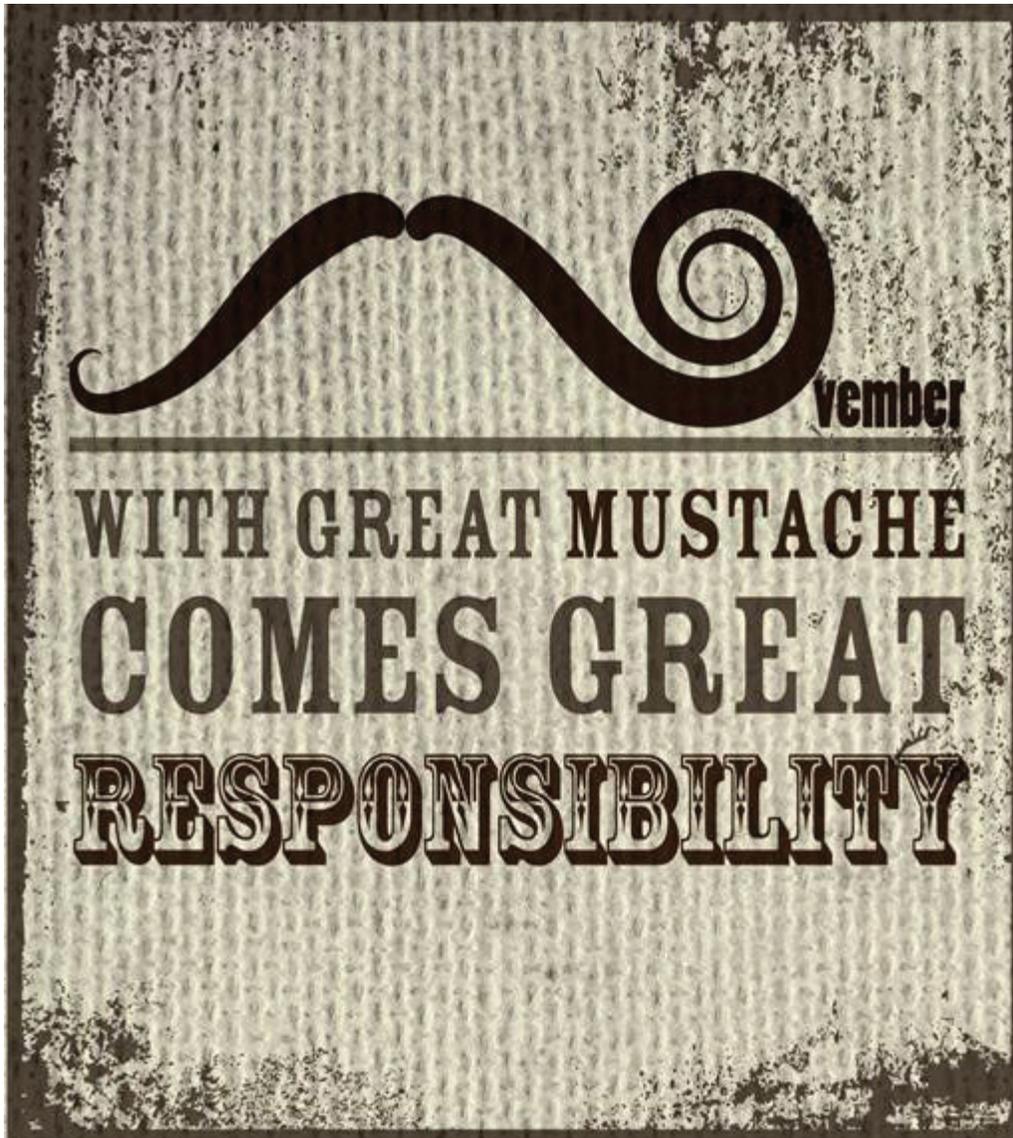
EADS welcomes Lt. Col. Stephen Fritschi, Airman 1st Class Jordan Jarecki, Tech. Sgt. Kelly House.

Graduations

Staff Sgt. Jerri Lee graduated from Columbia College with a 3.72 GPA. Lee received a bachelor of arts in criminal justice.

...and a special EADS congratulations to Staff Sgt. Quinn Tilley and Anna Panzetta Tilley, married Oct. 11.

Movember Fundraiser for CFC; Deadline is November 3



by Tech. Sgt. Matt Pelland, President,
Junior Enlisted Council

It is that time of year again that we join forces to grow greatness! Our faces have burned from constant shaving, our skin smooth as a baby's bottom. Well, no more! Join our heroes: Theodore Roosevelt, Tom Selleck, Wyatt Earp, and Yosemite Sam and bring back the once revered moustache!

As with previous efforts, proceeds will go to support the Combined Federal Campaign. There is a \$10 entry fee and additional \$10 if you choose to withdrawal from the competition.

Please see any of the JEC officers for sign-up, deadline will be 3 Nov COB.

Winner will be announced at the First Friday of December.

Culipher Completes Ironman Chattanooga

by Capt. Bryan Culipher, Det 2 Air Defense Liaison Officer

September 28, Ironman Chattanooga, sponsored by Little Debbie. That's right; nothing says endurance sports like Nutty Bars.

For me, the Ironman represented the culmination of a year's worth of training, long hours on the bike, nagging foot pain, and doubt. I say doubt because in May 2013, at 40, I ran my first marathon and later participated in my first triathlon. The first one was a sprint distance race; 300 meter pool swim, 12 mile bike, and a 5k run.

Last September, with the encouragement of my teammates at Team FeXY (Fe for Iron, XY for man), I decided to sign up for Ironman Chattanooga. It's a 2.4 mile open-water swim, a 112-mile bike, followed by a 26.2 mile run. Any one of the three by themselves can be a challenge, attempting all three in one day is monumental.

On race day, I was anxious. While not a bad swimmer, I had had bad swims on previous races. This morning was different. Once I jumped into the water all anxiety was gone and after only 57 minutes I was exiting the water and looking for my bike bag. The bike-leg also went well, a nice ride through the rolling hills of northwest Georgia. It was going so well I actually had to tell myself to slow down so that I didn't deplete all my leg strength before the run. After 6 hours, 5 minutes and 27 seconds, I stepped off the bike and started my run.

Running a marathon after having completed the swim and bike was tough, really tough. I was tired, my legs felt like noodles, and all I can think about is finishing the race. Crowds lined the run course cheering you on. You need all the encouragement you can get. I had to will my legs to keep moving forward. There's a lot of time for thinking during an Ironman, from reflection on all the training hours spent, to the "why the hell am I doing this" but as I crossed the finish line, after 12 hours, 17 minutes of constant motion, with the announcer saying, "Bryan Culipher; You Are An IRONMAN!" I knew it was worth it...Nutty Bars anyone?



Det 1 Officer Visits Nigeria as Part of Mission Group

by Maj. Joshua Jessup, EADS Det 1 Tactical Coordinator

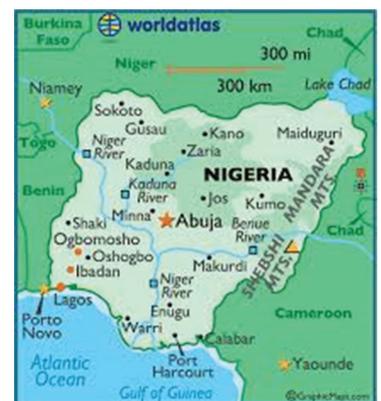
I recently had the opportunity to join a group of 15 individuals, including four U.S. military members, on an 11-day mission to central Nigeria. During our eight days in the city of Jos, we interviewed over thirty survivors of Boko Haram attacks. Representatives of the local governor met with us to discuss the current state of affairs in central and northern Nigeria and later hosted us for a formal dinner.

The group toured the Zoo of Jos but quickly realized that we had become the main attraction. We were swarmed by a group of Muslim school children that had been on a field trip to the zoo. They wanted photographs with us, handshakes and hugs, and had unending questions about what America was like.

As part of the tour, we participated in a goodwill soccer match versus a Nigerian interfaith club team. We thought we were holding our own until we realized that the Nigerians were fielding only six players in order to keep it interesting.

One day, we met with a village chief. After the ceremonial introductions concluded, the chief ordered that multiple photographs be taken. Humorously he explained to us that he needed visual evidence to prove to the neighboring villages that Americans had visited him. The chief's translator compared it to a Martian sighting.

Our final two days in Jos were spent at an orphanage. Never have I seen such joy where I expected sorrow. My most significant observation was that, even in the face of violence and terrorism, so many of the people remained resilient. The founder of the orphanage had been imprisoned for converting to Christianity and her children taken away. Upon release, she committed herself to opening an orphanage. We were amazed at her strength and asked her how one could recover from such a loss. She said, "I was persecuted so that I could become a mother to the persecuted."



Deer Season: Review Hunter Safety Rules

Information courtesy of the New York State Department of Environmental Conservation

New York's modern firearms deer season started last Saturday in the state's northern zone and opens on Nov. 15 in the southern zone. This popular season attracts far more hunters than any other hunting season, making it an opportune time to review hunting and firearm safety rules.



Firearm Safety Rules

Remember, no matter how experienced a hunter you may be, you can never be too safe with a firearm. Review these rules before going afield. First, assume every gun is loaded. Second, Control the muzzle. Point your gun in a safe direction. Third, keep your finger off the trigger until you are ready to shoot. And, finally, be sure of your target and beyond.

Use Hunter Orange: It's Effective

While not required by law in New York State, more than 80 percent of big game hunters, as well as two out of three small game hunters, wear hunter orange. The color has no impact on success rates -- deer and many other animals don't even see hunter orange because they do not have red-sensitive cone cells in their eyes. They can't tell red or orange from green and brown.

Humans, on the other hand, can see orange extremely well and hunter orange's value is in preventing other hunters from mistaking a person for an animal, or shooting in your direction.

Hunters who wear hunter orange are seven times less likely to be shot. During the past ten years, not one person who was wearing hunter orange was mistaken for game and killed in New York.

Tree Stand Hunting

Hunting deer from trees first became popular with bow hunters who needed to be within spitting distance for an effective shot. Today, many firearm hunters have also taken to the trees. Hunting from trees has its advantages. A hunter can see much better and farther, scent is dispersed, and deer rarely look up into trees. The drawback is that it can be dangerous.

Tree Stand Safety Tips

- Use sturdy, portable stand. Permanent stands nailed into trees are difficult to move and they rot, leading to weakened wooden steps and stands that can kill and cripple hunters.
- Know the rules. On state lands, it is illegal to place nails or other hardware into trees, or to build permanent structures, such as tree stands, platforms and blinds.
- Don't go too high. The higher you go, the smaller the vital zone on a deer becomes. The likelihood of a serious injury also escalates if you fall from high up. Usually, 15 to 20 feet is high enough.
- Use a safety belt for climbing. Most falls happen when going up and down the tree, and in and out of the stand.
- Never carry guns or bows up and down trees. They get in the way of safe climbing; they get dropped. Climbing with guns can result in hunters shooting themselves.
- As soon as you get in a tree stand -- strap in. A body harness is better than a plain safety belt, but a belt is a whole lot better than nothing.

Unit Party and Open House at Huntress Club on Dec. 5, Children's Party Dec. 6

Dates for EADS annual Christmas parties have been set. The unit party will take place on Friday, Dec. 5 at 3 p.m. at the Huntress Club. The Children's Christmas Party also will be held at Huntress Club. It takes place on Saturday, Dec. 6 from 1 p.m. to 4 p.m.

This year's unit party will also include a Holiday Open House for local officials and Chamber of Commerce board members from 4 p.m. to 6 p.m. The event will celebrate the holidays, EADS 20th anniversary of becoming a National Guard unit, and provide an opportunity to raise community awareness of the unit's mission.

Madison County Habitat for Humanity Looking for Volunteers

This year marks the 30th anniversary for Habitat for Humanity in Madison County. As part of the birthday celebration, the organization has set a goal of building two homes for veterans and their families in Chittenango.

To accomplish this goal, Madison County Habitat for Humanity is seeking support and is looking for help in the following areas: fund raising/public relations, family selection/support, hospitality and volunteer support, and construction. Committee work may require a weekly time commitment of up to 4 hours.

Anyone interested in helping with "Operation Veteran Build" should contact Capt. Gareth Scofield or call Madison County Habitat for Humanity chapter directly 315-510-5665 or send the organization an e-mail at madisoncountyhfh@madisoncountyhabitat.org.

Sip'n Paint at the Huntress Club, Nov. 5

The Huntress Club will host a sip'n pain event on Wednesday, Nov. 5 from 6 p.m. to 9 p.m. The cost is \$45 and includes all supplies, supervision/assistance from an art instructor and a complimentary drink. Spouses and significant others are welcome.

Those planning to attend should contact Master Sgt. Laura Scales by no later than Monday, Nov. 3

Quigley Runs Sub-4 Hour Marathon

Lt. Col. Paul Quigley ran the Marine Corps Marathon on Oct. 26. Quigley finished in the top eight percent of all runners, completing the course in 3 hours and 52 minutes. The fourth-largest marathon in the U.S. and the eighth largest in the world, this year's race had 30,000 runners from 50 different countries. Pictured in his EADS Boilermaker shirt is Quigley, with his wife, Aimee and daughter Katie.

